Senior Resource Guide

2015 Northwest Suburban Housing Collabotative

Transportation

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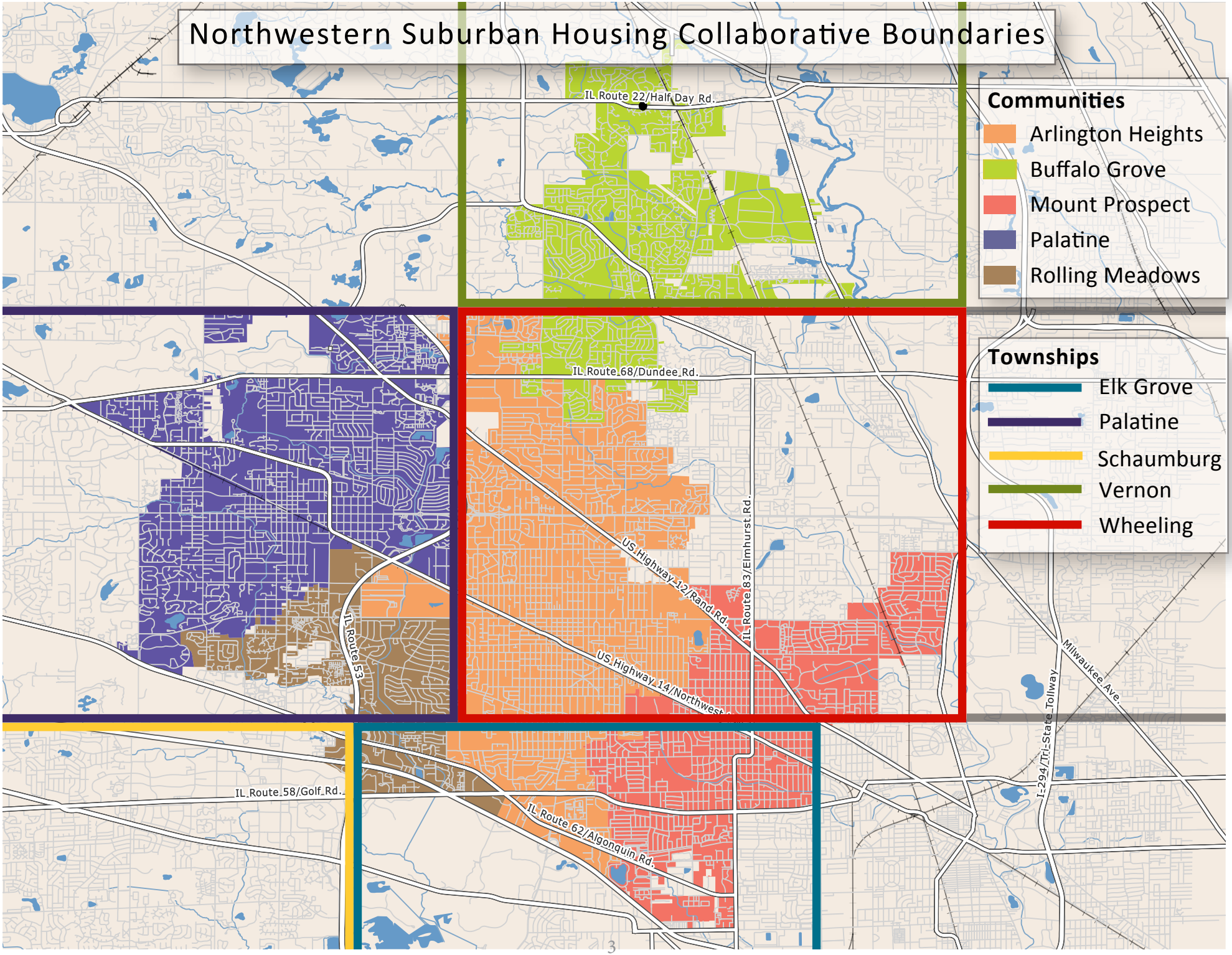
An informational guide to the many resources providing aid to seniors in the northwest suburban area

Northwestern Suburban Housing Collaborative Boundaries



About This Guide

The Northwest Suburban Housing Collaborative (NWSHC) was created in 2011 to help the Villages of Arlington Heights, Buffalo Grove, Mount Prospect, and Palatine and the City of Rolling Meadows develop regional solutions to address the short and long-term housing needs of the participating communities.

The NWSHC received a technical assistance grant from the Chicago Metropolitan Agency for Planning with support from the Metropolitan Mayors Caucus to conduct a *Homes for a Changing Region* analysis which provides projections concerning future housing needs in the 5-community area. Following up on the results of the *Homes for a Changing Region* report, the NWSHC decided to prioritize the housing needs of senior citizens and contracted for an in-depth senior housing needs assessment for the Collaborative area.

In the *Senior Housing Needs Assessment* (November 2013) it was concluded that many seniors are unaware of resources available to them, particularly with respect to transportation and housing. This *Senior Resource Guide* was created to compile information about senior transportation and housing options available in the 5-community area. The *Senior Resource Guide* also includes a listing of referral agencies for senior services.

Since many services are split by **municipality** as well as by **Township**, the following information has been organized to clarify which transportation, housing, or service is eligible within your region.

Unsure which Township you live?

City / Village	Township(s)
Arlington Heights	Elk Grove / Wheeling / Palatine
Buffalo Grove	Vernon / Wheeling
Mount Prospect	Elk Grove / Wheeling
Rolling Meadows	Elk Grove / Palatine / Schaumburg / Wheeling
Palatine	Palatine

Transportation:

The Northwest Suburbs generously offer dozens of transportation options that offer various services to senior citizens.

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Elk Grove Township Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"Dial-A-Ride"	**Monday – Friday** 9:00 am – 4:00 pm	Elk Grove *Township* resident. Must be at least 55 years old.	No fee; donations only.	Reservations by 3:00 pm, 1 day in advance.	Call at 9:15 am the day of reservation to find out your pick-up time.	847-437-0300
"Senior & Disability Transport Services" Provided by "303 Taxi"	24 hours / 7 days a week. Please call "303 Taxi" in advance to confirm availability.	Must be registered Elk Grove *Township* resident seniors 55+ years old & disabled adults 18+ years old – medical appointments within Cook County only.	Discounted cab service - $5.00 off voucher.	Reservations are recommended for the 303 Taxi because of availability.	Call for Elk Grove Township for an application and vouchers. 10 vouchers allowed per month.	**Elk Grove Township:** 847-437-0300 **"303 Taxi":** 847-303-0303
"TRIP: Township Riders Initiative Program"	**Monday – Friday** 7/8 am – 7/8 pm **Saturday** 8:00 am – 3/4 pm Please contact your Township to register.	For medical appointments only – Specifically for Senior citizens (age 60 +) and Disabled citizens (age 18 +). If you are a non-Elk Grove Township resident please inquire to see if you are eligible.	$5.00 per Township boarder crossed – Max. $10.00 fare.	Please call at least 3 days in advance (after initial registration).	Door-to-Door Service. Covers Elk Grove, Hanover, Palatine, Schaumburg, & Wheeling Townships.	847-437-0300
"Pace: North Cook County ADA Paratransit"	**Monday – Friday** 5:00 am – 1:30 am **Saturday** 7:00 am – 1:30 am **Sunday & Holidays** 8:30 am – 12:30 am	Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357.	$3.00 per one-way trip.	Reservations are accepted 24 hours in advance	Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace's regular fixed routes.	**Regular Number:** 800-554-7599 **TTY Number:** 855-830-8108

Palatine Township Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"Pace: North Cook County ADA Paratransit"	**Monday – Friday** 5:00 am – 1:30 am **Saturday** 7:00 am – 1:30 am **Sunday & Holidays** 8:30 am – 12:30 am	Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357	$3.00 per one-way trip.	Reservations are accepted 24 hours in advance.	Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace's regular fixed routes.	**Regular Number:** 800-554-7599 **TTY Number:** 855-830-8108
"Palatine Township Transportation Services"	**Monday – Friday** 8:00 am – 4:00 pm (Closed weekends/ holidays)	For Senior citizens (age 60 +) and / or handicapped. For Palatine *Township* residents.	$2.50 per one-way trip.	Reservations should be made 3-14 working days in advance.	Must be pre-registered. Bring documentation of age/disability (SS award letter) Driver's license/ State I.D., proof of residency, & emergency contact info.	847-358-6907
"Subsidized Taxi Service"	**Monday – Friday** 8:00 am – 4:00 pm (Closed weekends/ holidays)	Palatine *Township* residents. Palatine and surrounding areas as long as the ride originates/ends in Palatine Township.	Township subsidy of $4.00 off the metered fare.	Reservations should be made 24 hours in advance.	Must be pre-registered. Bring documentation of age/disability (SS award letter) Driver's license/ State I.D., proof of residency, & emergency contact info.	**303 Cab:** 847-364-0303 **American Taxi:** 847-253-4411
"Township Riders Initiative Program"	**Monday – Friday** 5:00 am – 9:00 pm	For senior citizens (age 60 +) and at least 18 + years to qualify for a "Disabled" registration. For all residents of Palatine Township.	$5.00 each way, for every township border crossed, to a maximum of $10.00 per one-way trip.	Reservations should be made 3-14 working days in advance.	Forms and helpful assistance are available at the Palatine Township Center 721 S. Quentin Road, Suite 101, Palatine, IL.	847-358-6907

Schaumburg Township Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
Schaumburg Township Transportation Department	**Monday – Friday** 8:30 am – 4:00 pm	Schaumburg Township residents who are Seniors (age 60 and over) and Permanently Disabled Persons (age 18 and over) Community.	$1.00 per one-way ride. $2.00 for round-trip $15.00 for bus pass (18 one-way rides, savings of $3.00)	Must register with the Transportation Department prior to service. Reservations are required for all transportation service no less than 72 hours in advance before 3:00 pm Mon. – Fri.	Door-to-door transportation for various transportation needs, including: medical and dental, shopping, and social outings. Service is typically provided within township boundaries or within 5 miles beyond for medical purposes only.	847-882-1929
Pace: "TRIP Township Riders Initiative Program"	**Monday – Friday** 5:00 am – 9:00 pm **Saturday** 7:00 am – 4:00 pm	Registered residents of Schaumburg Township at least 60 years of age for "Senior Citizens" registration and at least 18 years of age for "Disabled" registration.	$5.00 each way, for every township border crossed, to a maximum of $10.00 per trip.	Must pre-register by completing a TRIP form before service is provided. Reservations should be made 3 – 14 days in advance. Call the township for registration form and to make reservations.	Senior or disabled transportation for eligible residents of Elk Grove, Hanover, Palatine, Schaumburg and Wheeling Townships that takes riders across township lines to go to medical appointments. Also goes to Stroger Cook County Hospital, Hines Veterans Hospital and the Veterans Health Administration – Elgin Clinic. A caregiver or service animal can accompany the eligible rider.	847-882-1929

Vernon Township Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"Dial-A-Ride"	**Monday – Friday** 8:30 am – 4:00 pm	General Public	Adults: $2.00 Seniors (65+): $1.00 Disabled:$1.00 Students: $1.00 Children (under 7): Free	Call 24 hours in advance.	Service is available up to one mile beyond Township borders for select trips.	847-634-4600
"Pace: Southeast Lake County ADA Paratransit"	**Monday – Friday** 6:00 am – 10:00 pm **Saturday** 7:00 am – 7:30 pm	Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357	$3.00 per one-way trip.	Reservations are accepted 24 hours in advance.	Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace's regular fixed routes.	**Regular Number:** 800-554-7599 **TTY Number:** 855-830-8108
"Pace: North & Central Lake County ADA Paratransit"	**Monday – Friday** 6:00 am – 11:00 pm **Saturday** 8:00 am – 11:00 pm **Sunday** 10:00 am – 8:00 pm	Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357	$3.00 per one-way trip.	Reservations are accepted 24 hours in advance.	Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace's regular fixed routes.	**Regular Number:** 800-201-6446 **TTY Number:** 877-218-0905

Wheeling Township Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"Pace: North Cook County ADA Paratransit"	**Monday – Friday** 5:00 am – 1:30 am **Saturday** 7:00 am – 1:30 am **Sunday & Holidays** 8:30 am – 12:30 am	Persons with disabilities whose eligibility has been determined by the Regional Transportation Authority. To request an application, call the RTA at 312-663-4357	$3.00 per one-way trip.	Reservations are accepted 24 hours in advance.	Prearranged origin-to-destination service available in areas that are within 3/4-mile of CTA and Pace's regular fixed routes.	**Regular Number:** 800-554-7599 **TTY Number:** 855-830-8108
"Dial-A-Ride"	**Monday – Friday** 9:00 am – 3:30 pm	Must be a Senior citizen (at least 60 +) or permanently disabled citizen (at least 18 +) Wheeling Township residents only.	$2.00 donation per ride requested.	Reservations are required & must be made 2 business days in advance.	Buses operate within Wheeling Township only, following a preset schedule.	847-259-7743
"Medical Van" (Non-emergency only)	Phone lines open **Monday – Friday** 9:00 am – 4:00 pm Please schedule appointments **Monday – Friday** no earlier than 9:30 am and no later than 2:00 pm	Must be Wheeling Township resident. Must be a senior citizen (at least 60+) or permanently disabled citizen (at least 18+).	$2.00 fee each way within township. $8.00 fee each way outside township.	Reservations minimum 10 days and maximum 30 days in advance.	Goes to multiple hospitals and health centers in the township, with some exceptions outside township boundaries.	847-259-7743
"TRIP: Township Riders Initiative Program"	**Monday – Friday** 5:00 am – 1:30 am **Saturday** 7:00 am – 1:30 am **Sunday & Holidays** 8:30 am – 12:30 am	Must be a senior citizen (at least 60+) or permanently disabled citizen (at least 18+).	$5.00 each way, for every township border crossed, to a maximum of $10.00 per trip.	Reservations are accepted 24 hours in advance.	This is a fixed route service serving portions of Elk Grove, Maine, Niles, Palatine, Schaumburg, and Wheeling. Call to inquire about additional service options.	847-259-7743

Village of Arlington Heights Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"Subsidized Transportation Service For Seniors"	No specific service hours; Drivers are on-call.	Primarily depends on annual income: less than $23,000 for a household of 1 person and $29,000 for a household of 2 persons. This service is for seniors (Age 65+) but is not wheelchair accessible. Arlington Heights residents only.	$3.00 per one-way ride subsidy.	Recommended to call 24 hours in advance.	Must provide eligibility proof examples, to register at Arlington Heights Senior Center. Limit of 20 rides per month.	**Registration Number:** 847-253-5532 **TTY Number:** 847-797-5310 **Ride Numbers:** **303 Taxi** 847-303-0303 **American Taxi** 847-673-1000
"Pace's Arlington Heights – Rolling Meadows Call-n-Ride"	**Monday – Friday** 6:10 am – 6:30 pm	General Public	$1.75 per one-way trip. Exact fare is required. Military personnel & children under 7 ride for free.	At least one hour advanced reservation required.	Serves portions of Arlington Heights & Rolling Meadows.	224-803-9277

City Of Rolling Meadows Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"Pace's Arlington Heights – Rolling Meadows Call-n-Ride"	**Monday – Friday** 6:10 am – 6:15 pm	General Public	$1.75 per one-way trip. Exact fare is required. Military personnel & children under 7 ride for free.	At least one hour advanced reservation required.	Serves portions of Arlington Heights & Rolling Meadows.	224-803-9277

Additional Regional Transportation Services

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
Alexian Brothers Spirit Van	**Monday – Friday** 7:30 am – 4:00 pm	For hospital procedures only – no Doctor visits. Service primarily for senior citizens.	Suggested donation of $4.00 each way.	Call 5 days in advance.	**Boundaries**: East – Elmhurst Rd.; West – Springinsguth Rd; North – Kirchoff Rd; South – Army Trail Rd.	847-228-6394
American Cancer Society Hospital Transportation	**Monday – Friday** 9:00 am – 5:00 pm	Ambulatory patients to and from cancer treatments.	No fares.	Please call 24 hours in advance.	**Boundaries**: Variable To and from cancer treatments.	847-368-1166
Escorted Transportation Service (Northwest)	**Monday – Saturday** 8:00 am – 8:00 pm	Senior citizens for any dental or medical appointment.	Suggested $12.00 donation each trip.	One week notice is preferred.	**Boundaries**: 160 sq. miles; North – Lake Cook Rd; West – Barrington Rd; South – Biesterfieled Rd; East – Greenwood Ave. Driver stays with passenger.	847-222-9227
Holy Family Medical Center Care-A-Van	**Monday – Friday** 7:00 am – 4:00 pm	Non-emergency medical appointments only.	$5.00 – $10.00 each way depending on location.	Call 3 days in advance.	**Boundaries**: North to Hwy 176; South to Irving Park Rd.; West to Barrington Rd; East to Western Ave.	847-297-1800 Ext. 2626

Additional Regional Transportation Services continued

Name of Transportation Service	Service Hours	Eligibility	Fares	Advanced Reservations	Additional Information	Phone Number
"First Transit" Medicaid Client Transportation	**Monday – Friday** 8:00 am – 5:00 pm	Medicaid clients only. No age restrictions.	Free (clients only).	Reserve one week ahead.	No emergency transportation services. Must have prior approval in program.	877-725-0569
Northwest Community Healthcare Courtesy Van	**Monday – Friday** 6:45 am – 5:30 pm	General Public. To and from hospital campus for medical tests; no doctor appointments.	$5.00 one-way ($10.00 round trip).	Call 24 hours in advance.	**Boundaries:** West – Rte. 59; East – Rte. 294; North – Rte. 22; South – Elgin/O'Hare.	847-618-6480
RTA Reduced Fare Program	All hours of CTA, Metra, and Pace buses and or trains. Hours vary from each fixed-route service.	- Senior citizens (Age 65+) - Medicare card recipients receiving Social Security benefits. - Disabled citizens who receive Social Security Benefits.	Fare is reduced and determined by operating transit service.	No reservation necessary; application is required.	You must call the RTA Travel Information Center to apply for a Reduced Fare Permit or visit www.RTAChicago.com/ReducedFare Serves Chicagoland area (Chicago and suburbs).	**Regular Number:** 312-836-7000 **TTY Number:** 312-836-4949
RTA Ride Free Program	All hours of CTA, Metra, and Pace buses and or trains. Hours vary from each fixed-route service.	Low-income Illinois residents (See Additional Info.) enrolled in the Illinois Department on Aging Benefit Access Program as a person with a disability or as a senior aged 65 & older.	No fare.	No reservation necessary; application is required.	Eligible residents must have household income levels ranging from $27,610 or less for an individual, and $36,635 for a two-person household.	**Regular Number:** 312-836-7000 **TTY Number:** 312-836-4949

Senior Housing:

The Northwest Suburbs are the home of numerous senior housing facilities that offer a variety of different levels of care and hospitality. Housing over 38,000 residents 65 and over across the five municipalities.

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Affordable Independent Living - is for low-income seniors who usually must meet low income eligibility requirements to qualify for units. Generally, meals are not included in the monthly rent. Some amenities such as or multi-purpose rooms and activities may be provided.

Continuum of Care Retirement Communities – typically provide three levels of care – independent living, assisted living, and skilled nursing. They can include independent apartments, cottages, assisted living apartments, and nursing home rooms. They usually require and entry fee plus a monthly fee. There are many variations with financing, but the entry fees are usually upwards of $100,000 and are partially refundable based on a resident's length of stay. Unlike condominium, residents do not buy a fee simple interest in their unit.

Market Rate Independent Living - is for those who want to live in a senior age-restricted building. Some or all meals may be provided. They more likely to be rental apartments, but may be for-sale condominiums, and are typically studio, one, or two bedroom units. Amenities may include a community or multi-purpose room, exercise equipment, computes, transportation, and some activities.

Market Rate Assisted Living – is for seniors who need assistance with activities of daily living such as bathing, dressing, medication management, etc. All meals are included and nurses and nurse's aides are on staff.

Market Rate Memory Care – is for those with Alzheimer's and other forms of dementia who require specialized care beyond what is typically available in assisted living.

Skilled Nursing – is what people typically think of as nursing homes and usually have long term residents as well as those requiring short term rehabilitation after an illness or surgery.

Arlington Heights Housing Services

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Affordable Independent Living	**Linden Place** 700 E. Golf Road 847-228-1212	1 Bedroom	30% of income	• Units have stove, refrigerator, carpet, blinds • Laundry • Library • Social Room
	Albert Goedke House Housing Authority of the County of Cook 215 E. Miner St. 847-253-5450	1 Bedroom	30% of income	• Units have stove, refrigerator, blinds, emergency pull cords • Rent includes heat, water & trash removal • Tenant pays electric • $45 utility allowance • On-site community room with kitchen, library, laundry & activities
	Cedar Village of Arlington Heights 320 W. Campbell St. 847-506-1010	Studio 1 Bedroom	30% of income	• Units have electric range, refrigerator, carpet, A/C sleeves, window shades & emergency pull cords • Induced in rent are heat, water, electricity & trash removal • 5 units are handicapped accessible • Community room • Craft area • Coin operated laundry • Transportation services
Market Rate Independent Living	**Luther Village Mid-Rise** 1220 Village Lane 847-506-1919	Studio	$872	• Independent market-rate cooperative with for-sale condos and townhomes • Monthly fee covers property taxes, maintenance, 24-hour security, activities, a dining room minimum, cable TV, lawn care, snow and trash removal, and other support services • No 2nd person fee • Some 2 bedroom residence floor plans have 2 bathrooms • 55 acres with campus center at "Wittenberg Commons," restaurants, billiards and multi-purpose rooms, indoor pool, whirlpool, and fitness center, scheduled transportation, wellness clinic, library, computer center, bank, salon, "country store," interdenominational chapel, walking paths, ponds, pier for fishing, and gardens • Housekeeping, pharmacy, and hospitality suites for visitors are available • Residences include heat and water in monthly fee • All residents pay electricity • Residences have underground reserved parking for $15/month. Villas and Courtyards have garages. • Some residence floor plans include washer/dryer and walk-in closet • All residences have balcony or patio • Complimentary laundry room are available in most areas
		1 Bedroom	$813 – $1,272	
		1 Bedroom + Den	$1,281 – $1,457	
		2 Bedroom	$1,424 – $2,132	
		2 Bedroom + Den	$1,988 – $2,478	
	Luther Village Villas and Courtyard Homes 1220 Village Lane 847-506-1919	2 Bedroom (2 Bath)	$1,558 – $1,661	
		2 Bedroom + Loft (2 Bath)	$1,867 – $1,958	

Arlington Heights Housing Services continued

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Market Rate Continuum of Care Retirement Communities	**Church Creek** 1250 W. Central Rd. 847-506-3200	Independent Living		• Continuum of Care Retirement Community (CCRC) including independent living, assisted living and memory care, and skilled nursing • One-time nonrefundable move-in fee of $3,500 in independent and assisted living • 2nd person fee of $625 in independent living and $1,225 in assisted living • Assisted living units have carpet, blinds, emergency call system, individually controlled HVAC, no kitchenettes • Independent living has kitchenettes • Rent includes 3 meals per day, all utilities including basic cable, weekly housekeeping, scheduled transportation, wellness visits by RN, activities and outings, phone is $20/month • Extra fee for laundry service • Amenities include dining room, concierge services, convenience store, beauty/barber shop, bank, fitness center, library, activity room with computers & internet service, garden, patios & pond • Assisted living residents require Personal Care I ($700/month) at a minimum, Level II (additional $1,400/month) and Level III ($2,200/month) • Included in fees are levels of assistance with activities of daily living, medication management, continence & mobility
		Studio	$1,300 – $1,500+	
		1 Bedroom (1 Bath)	$2,300 – $2,500	
		2 Bedroom (2 Bath)	$3,600 – $3,700	
		2 Bedroom Deluxe (2 Bath)	$3,800 – $3,900	
		Assisted Living (includes Care Level 1)		
		Companion Suite	$3,775	
		Studio	$4,619	
		2nd Person Fee	$1,225	
		Memory Care (basic service)		
		Companion Suite	$3,000 – $3,500	
		Studio	$4,000	
		Skilled Nursing		
		Semi-private	$235/day	
		Private	$288/day	

Arlington Heights Housing Services continued

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Market Rate Continuum of Care Retirement Communities continued	**Lutheran Home** 800 W. Oakton St. 847-368-7579	Assisted Living		• Continuum of Care Retirement Community (CCRC) including assisted living, memory care, short-term rehabilitation, and skilled nursing care • All nursing rooms, including rehab, are private • Assisted living 2nd person fee is $1,200/month • Assisted living units have kitchenettes with stove and refrigerator, emergency call system, individually controlled HVAC, carpets & blinds, includes 3 meals daily, weekly housekeeping & linens, wellness programs, concierge, priority access to health care, activities & outings, scheduled transportation, and all utilities including basic cable but not phone • Rehab stays are covered by Medicare and there are licensed Medicaid beds including moderate to severe memory care but no mild memory care beds have Medicaid • Common amenities include dining room, library with computer, chapel, community room, beauty/barber shop, patio, doctor's office & specialist visits • Each nursing room has a ½ bath and shares a hall shower, all utilities and phone included, plus continence products included, patio and screened courtyard, 1 to 6 staff/resident ratio in general nursing and 1 to 5 in more advanced areas • Assisted living residents take priority for transfers to nursing but moves directly into nursing are permitted • Care levels can increase in general nursing without resident moving, but care level increases in memory care to necessitate moving between wings • Any potential resident with a home worth more than 60% of total assets must place it in a master Trust Program, where a third party employed by Lutheran Home takes over the home and markets it for sale. The sale income is held in trust and used to pay the resident's rent and expenses in perpetuity. Home need not sell prior to move-in. • Also, Cherish Place adult day care is offered for $65/day, which includes transportation
		Studio	$5,502	
		1 Bedroom	$6,076	
		1 Bedroom + Den	$6,810	
		2 Bedroom	$6,810	
		Memory Care		
		Private – Mild	$288/day	
		Private – Moderate	$357/day	
		Private – Severe	$385/day	
		Nursing		
		Private Room	$276 – $432/day	

Arlington Heights Housing Services continued

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Market Rate Continuum of Care Retirement Communities continued	**The Moorings of Arlington Heights** 811 E. Central Rd. 847-437-6700	Independent Living		• Continuum of Care Retirement Community (CCRC) • Independent living entry fees are $123,835 – 775,984 and are 0%, 50%, or 90% refundable • 60% of assisted residents may have mild memory issues requiring direction or reminders • Independent units have stove, refrigerator, microwave, dishwasher, blinds, carpet, emergency call system; some have balconies • Month rent include breakfast & lunch or dinner, weekly housekeeping and flat linens, scheduled transportation, programs & activities, and all utilities including cable but not phone and computer • Indoor parking is $75/month • Extensive amenities include a 45-acre gated community, walking paths, 2 lakes, gazebo, gardens, dining room, café, woodworking shop, art studio, computer center, library, salon, bank, fitness center, swimming pool, whirlpool, private dining rooms, guest suites, health center, chapel, and convenience store • Assisted living units have carpet, blinds, kitchenette with microwave & refrigerator, emergency call system, individually controlled HVAC • Included in assisted living is are 3 meals daily, weekly housekeeping, morning/evening check-in, medicine reminders, ADL assistance, weekly personal laundry, transportation, activities & outings, and all utilities including cable and phone • Assisted living has not entrance fee and is not restricted to current residents • In nursing, semi-private rooms are 2 beds maximum • Most moves into higher care levels are internal
		Midrise Building 1 Bedroom (1 Bath)	$2,450	
		1 Bedroom (1 Bath)	$2,600 – $2,635	
		2 Bedroom (2 Bath)	$2,700	
		2 Bedroom + Den (2 Bath)	$3,340	
		2 Bedroom Villa (2 Bath)	$2,800	
		2 Bedroom + Den Villa (2 Bath)	$3,745	
		Assisted Living		
		Studio	$3,132	
		1 Bedroom (1 Bath)	$6,083 – $6,090	
		2nd Person Fee	$791	
		Nursing		
		Semi-private	$258/day	
		Private	$396/day	
		Memory Care		
		Semi-private	$275/day	
Market Rate Skilled Nusing	**Manor Care** 715 W. Central Rd. 847-392-2020	Semi-private	$304/day	• 42 Medicaid certified beds

Buffalo Grove Housing Services

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Market Rate Assisted Living	**Belmont Village** 500 McHenry Road 847-537-5000	Studio	$4,500 – $5,950	**Extra Fees:** • Incontinence care: $710/month • Medication administration: $630/month • Additional personal laundry: $170/month • Onetime, non-refundable community fee of 1 month's rent • Units have refrigerator, microwave, emergency response system, individually controlled HVAC, blinds & carpet • Rent includes all utilities including basic cable except phone, 3 meals daily, weekly housekeeping & linens laundry, daily trash removal, daily living assistance, daily wellness checks , transportation to medical appointments & shopping, escort to meals & activities, & 24-hour monitoring of emergency system • Amenities include great room, dining room, computer center, multi-purpose room, fitness center, library, salon, wellness center, terrace, bistro, & 2 laundry rooms per floor. Activities include shopping and salon trips. Program coordinator with Traumatic Brain Injury experience and recreational therapist certification
		1 Bedroom	$6,950	
		Companion Suite	$3,125 – $4,325	
	Sunrise of Buffalo Grove 180 W. Half Day Road 847-478-8484	Studio	$2,408+	• Kitchenettes have sink and mini-fridge • Apartments have wall HVAC units. • Amenities include "bistro" cafe counter, homelike common room with fireplace, common and private dining rooms. • Meals included
		1 Bedroom		
		Companion Suite		

Buffalo Grove Housing Services Continued

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Market Rate Memory	**Belmont Village** 500 McHenry Road 847-537-5000	Studio	$6,525	**Extra Fees:** • Incontinence care: $710/month • Medication administration: $630/month • Additional personal laundry: $170/month • Person-Centered approach for individual needs and abilities • Structured, research-based daily activities • Programs tailored for body, mind, and spirit • Secured Neighborhood environment • Specially trained staff and licensed nurse on duty 24/7 • Chef-prepared meals • Medication Management • Assistance with daily living • Housekeeping and laundry
		1 Bedroom	$8,275	
		Secured Studio	$6,525 – $7,000	
		Companion Suite	$4,830	
		Secured Companion Suite	$4,900	
	Sunrise of Buffalo Grove 180 W. Half Day Road 847-478-8484	Semi-private	$2,980	• Specialty Trained Staff • Transportation • 24-Hour Nursing Staff • Incontinence Care • Medication Administration • Respite Care • Skilled Care
	Claremont Rehab & Living Facility 150 N. Weiland Road 847-465-0200	Semi-private	$242/Day	• Rent includes 3 meals/day, wound care, oxygen, continence care and supplies, full assistance with activities of daily living (dressing, bathing, ambulation, medications, etc.) • Rooms furnished with wardrobe, nightstand and bed. • Amenities: library, computer room, very attractive rear and s ide patio with play structure for grandchildren, community room, ice cream parlor, family rooms, lounges on each floor, private recovery suites, concierge service, cable and satellite TV, Wi-Fi accessibility, laptops available, outdoor patio and café, salon and Spa
		Private	$284/Day	
Market Rate Skilled Nursing	**Claremont Rehab & Living Facility** 150 N. Weiland Road 847-465-0200	Semi-private	$253/Day	
		Private	$295/Day	
		Semi-private Rehab	$256/Day	
		Private Rehab	$298/Day	

Mount Prospect Housing Services

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Affordable Independent Living	**Mount Prospect Horizon** 1703 E. Kensington Rd. 630-499-9718	1 Bedroom	$328 – $728	• Rent to include water heating, cold water, sewer and trash removal • Tenants pay for gas heat, electricity, phone & cable • Utility allowances: 1 BR: $78; 2 BR: $90 • Community room with projection TV & kitchen for parties • Exercise room with fitness equipment • Arts & crafts room • Game room with billiards table • Computer lab with Internet access • Library with fireplace, activities • Coin operated laundry on each floor
		2 Bedroom	$716 – $877	
	Huntington Towers 551 & 571 W. Huntington Commons Road 847-640-1337	Studio	30% of income	• Heating and appliances is electric, which is paid by tenants • Utility allowances: • $31 - studio • $33 - 1 BR; $38 - 2 BR • Laundry rooms and community room. • Parking lot used for picnics.
		1 Bedroom		
		2 Bedroom		
	Centennial North & South 900 E. Ardyce Drive 847-228-1212	1 Bedroom	30% of income	• Rent includes heat, water & trash removal • Tenants pay electricity. • On-site community areas • Library/card room • Laundry rooms • Beautician by appointment
		2 Bedroom		

Palatine Housing Services

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Affordable Independent Living	**Greencastle of Palatine** 450 E. Baldwin Road 847-776-9420	1 Bedroom	30% of Income	• Max 1-person income of $25,800 • Age 62+; no younger disabled • Electric baseboard heaters in bathrooms • Light fixtures in kitchens and bedrooms • Heat is gas and is included in rent • Tenants pay electricity • Utility allowance: $29
	St. Joseph's Home for the Elderly 80 W. Northwest Hwy 847-358-5700	1 Bedroom	$100 – $950	• Run by Little Sisters of the Poor religious order • Admissions based on functional level and fit with community. • Foundation-supported • All utilities included except phone • Free laundry room • Independent units unfurnished • Residents must be self-sufficient • Units have refrigerator, electric stove, tile floor, laminate counters, carpet, A/C, bathroom grab bars, and pull chords. • Services include medication administration, ADL assistance housekeeping daily
		Shelter Room	$45/Day	
Affordable Skilled Nursing	**St. Joseph's Home for the Elderly** 80 W. Northwest Hwy 847-358-5700	Intermediate room	$125/Day	
		Skilled room	$125/Day	
Market Rate Independent Living	**Tamarack** 55 S. Greenley 847-991-4700	Studio	$1,795	**Extra Fees:** • $565 couples fee • $500 fee to transfer within building • All utilities included in rent (except phone and cable). Heat and appliances are electric • Rent includes 3 meals/day, weekly housekeeping, weekly linen and towel service, scheduled transportation within 15 miles for any purpose, activity schedule by enrichment coordinator • Free laundry room
		1 Bedroom	$1,895 – $2,219	
		1 Bedroom + Den	$2,800	
Market Rate Skilled Nursing	**Plum Grove Nursing and Rehab** 24 S. Plum Grove Road 847-358-0311	Semi-Private	$200/Day	• Advanced Wound Care, Audiology, BiPAP/CPAP, Dementia Care, Dentistry, Hospice Care, Isolation Accommodations, IV Therapy, Optometry, Peritoneal Dialysis, Respite Care, Restorative Nursing Care, Skills Development & Training, Trach Care • Payment options include Medicare, Medicaid: Illini Care and Aetna Better Health, Social Security/Disability, Some Insurance: including: BCBS, PPO & Humana PPO, and Private Pay

Rolling Meadows Housing Services

Type of Housing	Name & Address	Units Offered	Rents or Monthly Fees	Information & Amenities
Affordable Assisted Living	**Plum Creek Supportive Living** 2801 Algonquin Road 847-670-8080	Studio	$3,200	• Attractive common areas including dining room, lobby lounge with cafe, library/movie room, and general purpose rooms. Medicaid residents pay all of their income except $90/mo. for personal expenses. • Units have emergency call system, individually controlled HVAC, carpet, blinds, & kitchenette (refrigerator & microwave). • Rent includes: 3 meal s /day, laundry, housekeeping, activities, aid with personal care, & medicine reminders • Doctor visits once weekly
		1 Bedroom	$4,200	
Market Rate Memory	**Manor Care** 4225 Kirchoff Road 847-397-2400	Semi-private	$304/Day	• Market rate skilled nursing facility with 16 semi-private rooms
Market Rate Skilled Nursing	**Manor Care** 4225 Kirchoff Road 847-397-2400	Semi-private	$304/Day	

Services:

There are extensive senior services available throughout the Northwest Suburban Collaborative Housing communities. Some are open to people regardless to where they live, while others have strict boundaries, often by municipality or township. The following pages provide information regarding local governmental organizations that provide senior services and/or that can provide information and referrals to the many organizations that provide senior housing and services.

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Buffalo Grove ---------- Page 30

Mount Prospect ---------- Page 31-32

Palatine ---------- Page 33

Rolling Meadows ---------- Page 34-36

Arlington Heights Services

Service Center	Contact Information	Hours	Additional Information
Arlington Heights Senior Center	1801 W. Central Road Arlington Heights, IL 60005 **847-253-5532** http://www.vah.com	M: 8:30 am – 8:00 pm T: 8:30 am – 4:30 pm W: 8:30 am – 8:00 pm TH: 8:30 am – 4:30 pm F: 8:30 am – 4:30 pm SA: 8:30 am – 12:30 pm	Services include recreation, fitness, Athletic Club, bus tours, dance, billiards, table tennis, Sudoku, Laugher Club, reading room, library loans collection, computer lab and classes, language classes, arts and crafts studio, special events, Life Long Learning Institute partnership with Harper College, investment clubs, discussion groups, M-F luncheon program, café, Meals and Wheels, flu shot clinic, health speakers and programs, Ask the Nurse, Conversations with the Nurse, Lending Closet of small durable medical equipment, Senior Heath Insurance Program, Defensive Driving instruction, Rules of the Road, RTA pass application, escorted transportation for medical an dental appointments, subsidized transportation program, information and referral, case management, elder abuse intervention, nursing home prescreening, family caregiver support, shore and homemaker service, Community Care Program, Postal Carrier Alert Program, legal aid referrals, wills program for persons with moderate incomes, income tax preparation assistance, extensive volunteer program, woodshop, patio and patio programs, and indoor walking track.
Village of Arlington Heights Department of Building and Health Services	33 South Arlington Heights Road Arlington Heights, IL 60005 **847-368-5060** http://www.vah.com	**Monday – Friday** 8:00 am – 5:00 pm	Services include emergency assistance, counseling subsidy, information & referral, disability services, health screenings, and visiting nurses.
Village of Arlington Heights Department of Planning & Community Development	33 South Arlington Heights Road Arlington Heights, IL 60005 **847-368-5060** http://www.vah.com	**Monday – Friday** 8:00 am – 5:00 pm	Single Family Rehabilitation Loan Program: 0% interest, deferred loans for home improvements are provided to low to moderate income homeowners. No monthly payments.

Arlington Heights Services Continued

Service Center	Contact Information	Hours	Additional Information
Northwest Suburban Housing Collaborative Handyman Program	Administered by the Northwest Housing Partnership 1701 E. Woodfield Road, Suite 203 Schaumburg, Illinois 60173 **847-969-0561** http://www.nwhp.net/programs.html	**Monday – Friday** 9:00 am – 5:00 pm	Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows.
Wheeling Township	1616 N. Arlington Heights Road Arlington Heights, IL 60004 **847-259-7730** http://www.wheelingtownship.com/Senior-Disability-Services	**Monday – Friday** 9:00 am – 4:30 pm	Services to Arlington Heights residents residing in Wheeling Township include Information and referral, health screenings, Meals on wheels/lunch programs, and repairs & maintenance.
Elk Grove Township	2400 S. Arlington Heights Road Arlington Heights, IL 60005 **847-437-0300** http://www.elkgrovetownship.com/senior/	**Monday – Friday** 9:00 am – 4:00 pm	Services to Arlington Height residents residing in Elk Grove include a general assistance office, mobile dental clinic, Community Health Nurse, A-OK Program, and various transportation services.

Arlington Heights Services Continued

Service Center	Contact Information	Hours	Additional Information
Palatine Township Senior Citizen's Council	Palatine Township Senior Center 505 S. Quentin Rd. Palatine, IL 60067 **847-991-1112** http://www.ptscc.org/	**Monday – Friday** 8:30 am – 5:00 pm	Meals on Wheels, Social Services including Counseling and Disability Resources, Games and Social Excursions, Recreation and Physical Fitness, Transportation Services, and Computer Access.
Palatine Township Food Pantry	Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 **847-358-6110** http://www.palatinetownship.com	**Monday** 11:00 am – 4:00 pm **Thursday** 11:30 am – 4:30 pm	Groceries and Household Items for Palatine Township Residents in Need.
Palatine Township Office	Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 **847-358-6700** http://www.palatinetownship.com	**Monday – Friday** 8:30 am – 5:00 pm **Saturday** 8:30 am – 12:00 noon	Reduced Fare RTA Transit Permits, Gift Card Programs, Discount Prescription Cards, Northwest Community Mobile Dental Clinic, Senior Transportation Services.

Buffalo Grove Services

Service Center	Contact Information	Hours	Additional Information
Buffalo Grove Park District	530 Bernard Drive, Buffalo Grove, IL 60089 **847-850-2117** http://bgparks.org/	**Monday** 8:30 am – 6:30 pm **Tuesday – Friday** 8:30 am – 5:00 pm **Saturday** 9:00 am – 12:00 pm	Programs for seniors age 50 and above – trips, lectures, services and planned activities.
Wheeling Township	1616 N. Arlington Heights Road Arlington Heights, IL 60004 **847-259-7730** http://www.wheelingtownship.com/Senior-Disability-Services	**Monday – Friday** 9:00 am – 4:30 pm	Services to Buffalo Grove residents residing in Wheeling Township include Information and referral, health screenings, Meals on wheels/lunch programs, and repairs & maintenance.
Vernon Township	3050 N. Main Street Buffalo Grove, IL 60068 **847-634-4600** http://www.vernontownship.com	**Monday – Friday** 8:30 am – 4:30 pm	Trips, 50/50 Taxi Program, informational meetings/speakers, on-site library, Prime Timers each Monday 11:30 AM – 3:00 PM, Senior Health Insurance Program.
Northwest Suburban Housing Collaborative Handyman Program	Administered by the Northwest Housing Partnership 1701 E. Woodfield Road, Suite 203 Schaumburg, Illinois 60173 **847-969-0561** http://www.nwhp.net/programs.html	**Monday – Friday** 9:00 am – 5:00 pm	Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows.

Mount Prospect Services

Service Center	Contact Information	Hours	Additional Information
Village of Mount Prospect Human Services Department	Village of Mount Prospect Human Services Department Village Hall 50 S. Emerson Street Mount Prospect, IL 60056 **847-870-5680** http://www.mountprospect.org	**Monday – Friday** 8:30 am – 5:00 pm Some services are available on the weekends.	• Nursing Outreach for Home Bound Health Screenings Blood Pressure Cholesterol Diabetes Health Activities Walking Group • Social Services Case Management Financial Assistance Crisis Intervention Food Pantry SNAP, Medicare D Review Help Information, Assistance & Referral • Senior Recreation Activities Clubs, Bingo, Cards, Billiards Senior Newsletter Calendar of Events
Village of Mount Prospect Community Connections Center	Village of Mount Prospect Human Services Department (satellite office) 1711 W. Algonquin Road Mount Prospect, IL **847-506-4930** http://www.mountprospect.org	**Monday – Friday*** 11:00 am – 7:30 pm *11:00 am – 3:00 pm on the Friday preceding the 2nd Saturday of the month, and on the 2nd Saturday of the month	All Nursing and Social Services listed above
Northwest Suburban Housing Collaborative Handyman Program	Administered by the Northwest Housing Partnership 1701 E. Woodfield Road Suite 203 Schaumburg, Illinois 60173 **847-969-0561** http://www.nwhp.net	**Monday – Friday** 9:00 am – 5:00 pm	• Home repairs and maintenance jobs • Applications taken over the phone • Open to seniors residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows • Sponsored by the Northwest Suburban Housing Collaborative

Mount Prospect Services Continued

Service Center	Contact Information	Hours	Additional Information
Village of Mount Prospect Community Development Dept.	Village of Mount Prospect Community Development Dept. Village Hall 50 S. Emerson Street Mount Prospect, IL 60056 **847-818-5328** http://www.mountprospect.org	**Monday – Friday** 8:30 am – 5:00 pm	• Single Family Rehabilitation Programs • 0% interest loan up to $25,000 • Matching grant up to $1,500 • Available to qualified Low/Moderate Income homeowners • Applications available on Village website • Funded through the Village's Community Development Block Grant Program
Wheeling Township	Wheeling Township Office 1616 N. Arlington Heights Road Arlington Heights, IL 60004 **847-259-7730** http://www.wheelingtownship.com/Senior-Disability-Services	**Monday – Friday** 9:00 am – 4:30 pm	• Services to Mount Prospect residents residing in Wheeling Township • Health and social services • Meals on wheels • Transportation Services • Friendly visitors • Information and referral
Elk Grove Township	Elk Grove Township Office 2400 S. Arlington Heights Road Arlington Heights, IL 60005 **847-437-0300** http://www.elkgrovetownship.com/senior/	**Monday – Friday** 9:00 am – 4:00 pm	• Services to Mount Prospect residents residing in Elk Grove Township • Health and social services • Mobile Dental Clinic • Community Health Nurse • A-OK Program • Transportation Services • General Assistance Office

Palatine Services

Service Center	Contact Information	Hours	Additional Information
Palatine Township Senior Citizen's Council	Palatine Township Senior Center 505 S. Quentin Rd. Palatine, IL 60067 **847-991-1112** http://www.ptscc.org/	**Monday – Friday** 8:30 am – 5:00 pm	Meals on Wheels, Social Services including Counseling and Disability Resources, Games and Social Excursions, Recreation and Physical Fitness, Transportation Services, and Computer Access.
Nurse's Club Lending Closet	Palatine Village Hall 200 E. Wood St. Palatine, IL 60067 **847-934-3016**	**Wednesday & Saturday** 10:00 am – 11:30 am	Free Loaned Medical Supplies; Wheelchairs, Walkers, Crutches, Shower Seats, etc.
Palatine Township Food Pantry	Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 **847-358-6110** http://www.palatinetownship.com	**Monday** 11:00 am – 4:00 pm **Thursday** 11:30 am – 4:30 pm	Groceries and Household Items for Palatine Township Residents in Need.
Palatine Township Office	Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 **847-358-6700** http://www.palatinetownship.com	**Monday – Friday** 8:30 am – 5:00 pm **Saturday** 8:30 am – 12:00 noon	Reduced Fare RTA Transit Permits, Gift Card Programs, Discount Prescription Cards, Northwest Community Mobile Dental Clinic, Senior Transportation Services.
Northwest Suburban Housing Collaborative Handyman Program	Administered by the Northwest Housing Partnership 1701 E. Woodfield Road, Suite 203 Schaumburg, Illinois 60173 **847-969-0561** http://www.nwhp.net/programs.html	**Monday – Friday** 9:00 am – 5:00 pm	Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows.

Rolling Meadows Services

Service Center	Contact Information	Hours	Additional Information
City of Rolling Meadows	City of Rolling Meadows 3600 Kirchoff Road Rolling Meadows, IL 60008 **847-394-8500** http://www.cityrm.org	**Monday – Friday** 8:00 am – 4:00 pm	Senior Handyman program Senior Snowplowing program
Rolling Meadows Golden Years Council	Rolling Meadows Community Center 3705 Pheasant Drive Rolling Meadows, IL 60008 **847-817-3205** **847-818-3200** http://www.rmparks.org	**Monday – Thursday** 9:00 am – 4:00 pm Drop-In Activities: **Monday – Friday** 9:00 am – 4:00 pm	Service, support and fun activities for all active adults in the Northwest Chicago suburbs.
Elk Grove Township	2400 S. Arlington Heights Road Arlington Heights, IL 60005 **847-437-0300** http://www.elkgrovetownship.com/senior	**Monday – Friday** 9:00 am – 4:00 pm	Services to Rolling Meadows residents residing in Elk Grove Township include a general assistance office, mobile dental clinic, Community Health Nurse, A-OK Program, and various transportation services.

Rolling Meadows Services Continued

Service Center	Contact Information	Hours	Additional Information
Palatine Township Senior Citizen's Council	Palatine Township Senior Center 505 S. Quentin Rd. Palatine, IL 60067 **847-991-1112** http://www.ptscc.org/	**Monday – Friday** 8:30 am – 5:00 pm	Meals on Wheels, Social Services including Counseling and Disability Resources, Games and Social Excursions, Recreation and Physical Fitness, Transportation Services, and Computer Access.
Palatine Township Food Pantry	Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 **847-358-6110** http://www.palatinetownship.com	**Monday** 11:00 am – 4:00 pm **Thursday** 11:30 am – 4:30 pm	Groceries and Household Items for Palatine Township Residents in Need.
Palatine Township Office	Palatine Township Center 721 S. Quentin Rd. Palatine, IL 60067 **847-358-6700** http://www.palatinetownship.com	**Monday – Friday** 8:30 am – 5:00 pm **Saturday** 8:30 am – 12:00 noon	Reduced Fare RTA Transit Permits, Gift Card Programs, Discount Prescription Cards, Northwest Community Mobile Dental Clinic, Senior Transportation Services.

Rolling Meadows Services Continued

Service Center	Contact Information	Hours	Additional Information
Schaumburg Township Office	Township of Schaumburg 1 Illinois Blvd. Hoffman Estates, IL 60169 **847-884-0030** http://www.schaumburgtownship.org	**Monday – Friday** 8:30 am – 5:00 pm	Services to Rolling Meadows residents residing in Schaumburg Township include food pantry, mobile dental clinic, Low Income Home Energy Assistance Program and Senior Services.
Wheeling Township Office	Township of Wheeling 1616 N. Arlington Hts. Rd. Arlington Heights, IL 60004 **847-259-7743** http://www.wheelingtownship.com	**Monday – Friday** 9:00 am – 4:30 pm	Services to Rolling Meadows residents residing in Wheeling Township include food pantry, senior and transportation services.
Northwest Suburban Housing Collaborative Handyman Program	Administered by the Northwest Housing Partnership 1701 E. Woodfield Road, Suite 203 Schaumburg, Illinois 60173 **847-969-0561** http://www.nwhp.net/programs.html	**Monday – Friday** 9:00 am – 5:00 pm	Specializes in chores, cleaning, repairs and various maintenance services. Application taken over the telephone. Open to senior citizens residing in Arlington Heights, Buffalo Grove, Mount Prospect, Palatine, and Rolling Meadows.

Senior Resource Guide – 2015

Produced by the Northwest Suburban Housing Collaborative