



## Village of Arlington Heights

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The Village of Arlington Heights continues to work closely with the Cook County Department of Public Health (CCDPH), the Illinois Department of Public Health (IDPH), and the Centers for Disease Control (CDC) on all issues related to COVID-19 commonly referred to as the coronavirus. Village Staff is also communicating regularly with hospital officials and other area municipalities on any local developments.

The Village's first responders are working in concert with the hospital to ensure any patients the Village treats are provided care in a manner consistent with best practices in the industry to minimize risks to the public. Village Staff is currently reviewing planned programming at the Arlington Heights Senior Center to determine if it is in the best interests of the patrons to cancel them out of an abundance of caution for any at-risk individuals. More information on which programs, if any, will be modified or cancelled will be made public tomorrow. Long Term Care Facilities were given new guidelines from the IDPH today on how to handle visitors and activities.

Any modification or cancellation of any Village sponsored activities or services will be communicated via the Village's website, social media, press releases, email blast, and possibly the Village's Arlington-Alert system.

The IDPH's guidelines can be found here: <http://dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/long-term-care-guidance> . If you have questions about how individual long-term care facilities in our community are responding to these guidelines, you should call the facility directly.

### **Please take care to do your part to prevent the spread of COVID-19**

Symptoms reported among those who have tested positive for the virus included mild to severe respiratory illness with fever, cough, and difficulty breathing. The public is urged to remain vigilant about keeping germs from spreading, by covering coughs and sneezes, washing hands with warm soap and water, and staying home when sick.

CDC advises that people follow these tips to help prevent respiratory illnesses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Clean and disinfect frequently touched objects and surfaces.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick with respiratory symptoms.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- **Stay home when you are sick.**
- If you have not already done so, discuss influenza vaccination with your health care provider to help protect you against seasonal influenza.

The Village's coronavirus news site is here: [https://www.vah.com/our\\_community/WhatsNew/coronavirus](https://www.vah.com/our_community/WhatsNew/coronavirus) and

Information on preventing the spread of COVID-19 in our communities, can be found here <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>